



Occupational Health
Clinics for Ontario
Workers Inc.

Centres de santé
des travailleurs (ses)
de l'Ontario Inc.

RSI DAY^{PLUS} 2015 Agenda

March 26, 2015

8:00 am – 8:30 am	Registration
8:30 am – 8:45 am	Welcoming Messages
8:45 am – 9:15 am	Curtis VanderGriendt – <i>OHCOW's MSD App</i>
9:15 am – 10:00 am	<i>Dwayne Fuchs – Safe Lifting</i>
10:00 am – 10:10 am	Break
10:10 am – 10:55 am	Nicholas Niforos - <i>To sit or not to sit: that is the question</i>
10:55 am – 11:40 am	<i>Brenda Mallat - Planning Your Next Step; The Brain's Connection with Movement</i>
11:40 am – 12:15 pm	Lunch
12:15 pm – 1:00 pm	<i>Brendan Coffey- Documenting the Physical Demands of Work: OHCOW's PDD Handbook</i>
1:00 pm – 1:45 pm	Trevor Schell – <i>Upper Limb Musculoskeletal Disorders</i>
1:45 pm – 2:00 pm	Additional Question Period & Concluding Remarks

Thank you for attending this year's RSI Day event. We appreciate any and all feedback.